

## NORTHAMPTON PARKS & RECREATION TEEN EXPEDITIONS



## Session 4: July 15-July 19- BIKES, STRIKES, & HIKES

Monday, 7/15	Tuesday, 7/16	Wednesday, 7/17	Thursday, 7/18	Friday, 7/19
ORIENTATION HIKE @	ICE CREAM BIKE TRIP TO MAPLE FARMS	YARDGOATS BASEBALL	BOUSQUET ARIAL PARK	MT. GREYLOCK HIKE
SKINNER STATE PARK  We will begin the week with ice breakers and other games, a hike with lunch at Skinner State Park in Hadley, followed by an afternoon swim at Musante Beach in Leeds.	The day will be spent taking a leisurely bike trip to Maple Farms in Hadley where we will stop to get ice cream and various other snacks.	The day will be spent traveling to Hartford, CT to watch a Yardgoats vs. Richmond Flying Squirrels game. Lunch will be provided at the game *bring snacks*.	We will travel to Bousquet Park in Pittsfield, MA to do various high ropes courses and activities.	We will spend the day on an all-day, scenic hike on the trails of Mt. Greylock, which features the highest summit in the area.
<ul> <li>□ swim gear</li> <li>□ suitable shoes</li> <li>□ water</li> <li>□ lunch and snack</li> <li>□ bug spray</li> <li>□ sunscreen</li> </ul>	<ul> <li>□ bike and helmet</li> <li>□ suitable shoes</li> <li>□ water</li> <li>□ lunch and snack</li> <li>□ bug spray</li> <li>□ sunscreen</li> <li>□ money for ice cream</li> </ul>	<ul> <li>□ suitable shoes</li> <li>□ snack</li> <li>□ water</li> <li>□ bug spray</li> <li>□ sunscreen</li> <li>□ money (optional)</li> </ul>	□Waiver Required □ suitable shoes □ lunch and snack □ water □ bug spray □ sunscreen	<ul> <li>□ suitable shoes</li> <li>□ lunch and snack</li> <li>□ water</li> <li>□ bug spray</li> <li>□ sunscreen</li> </ul>